

20 Minutes To Dinner: Quick, Low-Fat, Low-Calorie, Vegetarian Meals By Bryanna Clark Grogan

By Bryanna Clark Grogan

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Vegetarian Meals Recipes recipes like Thai-Inspired Sweet Potato, no fat low calorie cookies; This recipe is originally published by Bryanna Clark Grogan.

Bryanna Clark Grogan (Author of Nonna's Italian -

Bryanna Clark Grogan is the author of Nonna's Italian Kitchen (3.92 avg rating, 78 ratings, 4 reviews, published 1998), World Vegan Feast

20 Minutes to Dinner by Bryanna Clark Grogan -

The subtitle for this book is Quick, Low-fat, Low-Calorie, Vegetarian Meals. And it should be noted that they are also vegan: no eggs, no milk, cheese, butter, or

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Get dinner on the table in 20 minutes or less with our 35 easy dinner recipes for chicken, fish, beef, pasta, pork and meatless meals.

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GREAT recipes and very easy to make. Almost all of the dishes took less than 30 minutes to make and they were ALL delicious. I thought the spinach pizza was the best!.

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used as a substitute for rice. 4 cups water 5 cups chopped romaine lettuce 3 tablespoons chopped fresh cilantro 2 cups Low-Fat Guacamole 12 flour tortillas 2

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